

Junction of NH-4 and Sion - Panvel Expressway, Sector-1, Kamothe, Navi Mumbai- 410 209 Ph. No.27436604, Fax: 91-22-27433185

#### MGMDCH - TOBACCO CESSATION CENTRE

Tobacco kills half of its users, with smoking and smokeless tobacco killing nearly 6 million people worldwide. National Health Policy 2017 has set the target of "relative reduction in prevalence of current tobacco use by 15% by 2020 and 30% by 2025". In India, GATS-2 shows a relative reduction of 17% prevalence of current tobacco use since GATS-1 1 In developed countries, approximately 30–40% of smokers make an attempt to stop smoking in any year. However, without formal assistance, only about 2–3% of smokers making a quit attempt on their own, succeed in abstaining for at least a year.

Hence MGMDCH, Navi Mumbai has established Tobacco Cessation Centre (TCC) collaboration with LifeFirst programme of Narotum Sekhsaria foundation. LifeFirst training programme on tobacco cessation involves two levels. All the faculty, Interns and postgraduate students underwent LifeFirst training on regular basis.



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LIFEFIRST TAINING ON TOBACCO CESSATION



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### LIST OF FACULTY

| Sr. | NAME OF THE         | DESIGNATION           | SPECIALITY                            |
|-----|---------------------|-----------------------|---------------------------------------|
| No. | FACULTY             |                       |                                       |
| 1.  | Dr. Rohit Gadda     | In-charge             | Lecturer, Oral Medicine and Radiology |
| 2.  | Dr. Vaibhav Thakkar | Dental Surgeon        | Lecturer, Public Health Dentistry     |
| 3.  | Mr. Vikrant Dinkar  | Medical Social Worker | MSW                                   |





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#### **COUNSELLING SESSION**



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