



## MAHATMA GANDHI MISSION'S DENTAL COLLEGE & HOSPITAL

Accredited by NAAC with "A++" Grade  
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### **TECHNIQUES OF MANAGING BAD BREATH AT SHREE BALLALESHWAR TEMPLE CENTRE PALI**

**Date: 21th DECEMBER 2025**

**Venue: PALI**

**Faculty Incharge: Dr. Dr. Mausami, Dr Aishwarya Patil**

**Organizing Agency: Department of Public Health Dentistry, MGMDCH, NSS unit of MGMDCH. Shree Ballaleshwar Temple Centre Pali**

**Number of Students attended: 2**

Bad breath, medically known as Halitosis, is a common condition that affects people of all ages. It is primarily caused by poor oral hygiene, bacterial accumulation in the mouth, food particles, dry mouth, smoking, and certain systemic diseases. The condition can lead to social embarrassment and reduced self-confidence.

Proper oral care and lifestyle changes play a crucial role in managing and preventing bad breath. This camp was conducted to assess and educate patients about effective techniques for managing halitosis.

#### **Aim and objective:**

- To identify individuals suffering from bad breath
- To educate patients about causes of halitosis
- To demonstrate proper oral hygiene techniques
- To evaluate the effectiveness of management techniques
- To promote awareness regarding oral health

#### **Method:**

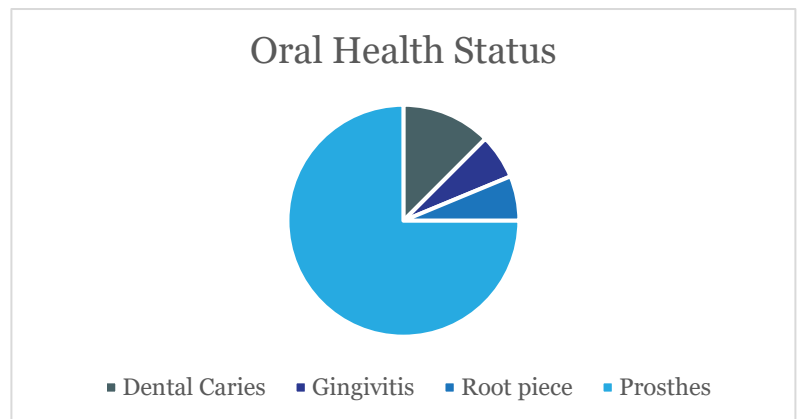
- A total of **5 patients** were selected randomly

- Initial breath assessment was done using organoleptic (smell-based) method
- Patients were asked about oral hygiene habits and diet
- Interventions provided:
  - Proper tooth brushing technique (twice daily)
  - Tongue cleaning
  - Use of mouthwash
  - Increased water intake
  - Dietary advice (avoiding strong odour foods)
- Patients were re-evaluated after **7 days**

**Observation:**

1. A total of **5** patients were examined for various dental problems. Those requiring extensive treatment were referred to MGM Dental College and Hospital, Kamothe.

<b>Condition</b>	<b>No. of individuals</b>	<b>Percentage %</b>
Dental caries	2	40
Gingivitis	1	20
Root piece	1	20
Prosthesis	1	20



**Interpretation and conclusion:**

A total 5 patient were examined out which 40% of them dental caries followed by 20% of them had gingivitis, Root piece and prosthetic required. The camp demonstrated that bad breath can be effectively managed with simple, non-invasive techniques such as proper brushing, tongue cleaning, and lifestyle changes. Awareness and regular oral hygiene practices are key to preventing halitosis.

Early intervention and patient education significantly improve outcomes, making such health camps highly beneficial for community oral health.

Oral examination at the camp site



Scaling done by the dental team at Pali

### List of Attendees

Sr. No	List of Participants
<b>Name of faculty</b>	
1.	Dr Mausami Malgaonkar
2.	Dr. Aishwarya Patil
<b>Name of Interns &amp; students</b>	
3	Mary Rosario
4.	Shivani Raut