



## MAHATMA GANDHI MISSION'S DENTAL COLLEGE & HOSPITAL

Accredited by NAAC with "A++" Grade  
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### **MYTHS AND FACTS ABOUT DENTAL TREATMENT IN PREGNANCY AT ANC CAMP MGM MEDICAL HOSPITAL, KAMOTHE**

**Date:** 24th December 2025

**Venue:** MGM Medical Hospital, Kamothe, Navi Mumbai

**Faculty:** Dr. Swati Singh, Dr. Pankaj Londhe

**Organizing Agency:** Department of Public Health Dentistry; MGMDCH, NSS Unit of MGMDCH; Department of Preventive and Social Medicine, MGM Medical Hospital, Kamothe, Navi Mumbai

**Number of students attended:** 4

Pregnancy is a crucial period in a woman's life where maintaining good oral health is extremely important. However, many pregnant women avoid dental visits due to various myths and misconceptions regarding dental treatment during pregnancy. These misconceptions may lead to neglect of oral health, which can adversely affect both the mother and the baby. MGM Dental College constantly takes efforts in extending oral health care to the community. The oral care initiative was also extended to the patients at ANC Camp at MGM Medical Hospital, Kamothe with the intention of creating awareness about myths and facts regarding dental treatment during pregnancy and providing oral health care to the patients.

#### **Aim and objective:**

1. To educate pregnant women about myths and facts related to dental treatment during pregnancy.
2. To assess the oral health status of patients.
3. To educate and create awareness about oral health.

**Method:** Type III Examination which was done using mouth mirror and explorer with adequate illumination of 24 patients. Patients were educated about common myths related to dental treatment during pregnancy such as avoiding dental visits, fear of dental X-rays, and the belief that dental treatment can harm the baby. The patients were informed that most dental procedures are safe during pregnancy when proper precautions are taken.

Awareness was created through:

- Educational interaction with patients
- Discussion about importance of maintaining oral hygiene during pregnancy
- Counseling regarding diet and oral hygiene practices

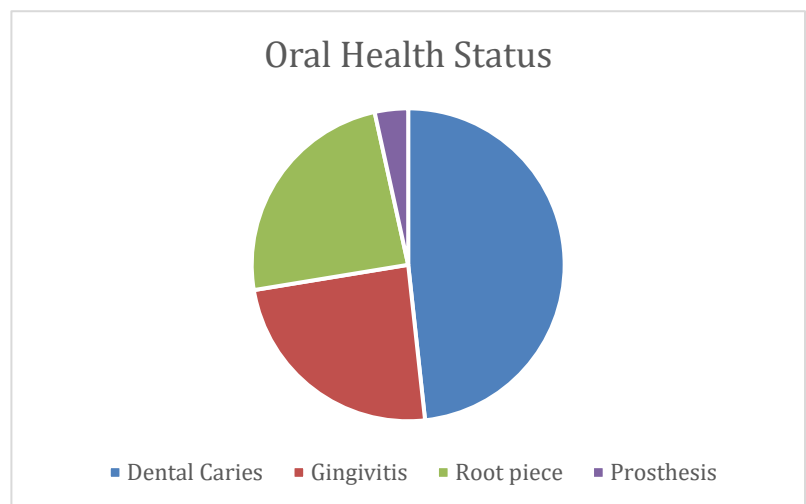
After the awareness program, oral examination was conducted using ice-cream sticks for the patients. All the patients were assessed for oral health status and were explained the need to get the problems corrected. Preventive measures and treatment options were also explained.

### Observations:

Many pregnant women were unaware that dental treatment during pregnancy is safe and necessary. A total of 24 patients were examined for various dental problems. Most of the patients presented with dental caries and gingival inflammation. Those requiring extensive treatment were referred to MGM Dental College and Hospital, Kamothe.

### Oral Health Status

Condition	No. of individuals	Percentage %
Dental caries	10	42
Gingivitis	5	21
Root piece	5	21
Prosthesis	4	16



### Interpretation and conclusion:

1. The Pie Chart represents that 42% of the patients have dental caries, 21% gingivitis, 21% root piece, 16% have got prosthesis.
2. The awareness program helped in clearing misconceptions regarding dental treatment during pregnancy. Educating pregnant women about the importance of oral health can help prevent oral diseases and improve overall health outcomes for both mother and child. Dental caries and gingivitis were the most common findings among the patients. Oral health education and preventive strategies should be implemented regularly to reduce disease burden.



INVESTIGATION BEING DONE BY THE TEAM MEMBER

### LIST OF ATTENDEES

Sr. No.	Name of Staff
1.	Dr. Swati Singh
2.	Dr. Pankaj Londhe
<b>Name of Interns and students</b>	
3.	Rinal Bagdiya
4.	Vaibhavi
5.	Shreya
6.	Reya