



MAHATMA GANDHI MISSION'S DENTAL COLLEGE & HOSPITAL

Accredited by NAAC with "A++" Grade
Plot No. 1 & 2 Sector-01 (Old 18 & 19),
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BRUSHING TECHNIQUES FOR KIDS AT GEI's BLOSSOM INTERNATIONAL SCHOOL, DOMBIVLI

Date: 4th December 2025

Venue: GEI's Blossom International School , Dombivli

Faculty: Dr. Mausami Malgaonkar, Dr Aishwariya Patil

Organizing Agency: Department of Public Health Dentistry; MGMDCH,NSS Unit of MGMDCH, GEI's Blossom International School , Dombivli

Number of students attended: 4

Good oral hygiene habits should begin at an early age to maintain healthy teeth and gums. Children are more prone to dental problems such as Dental Caries due to improper brushing habits, frequent consumption of sugary foods, and lack of awareness about oral hygiene.

School dental camps provide an opportunity to educate children about proper oral care practices. Teaching the correct brushing technique helps children remove plaque effectively and prevent common dental diseases such as Gingivitis and tooth decay.

One commonly recommended brushing method for children is the Fones Technique, which uses gentle circular motions and is easy for children to learn. Educating children during school dental camps helps establish lifelong healthy oral hygiene habits.

Aim and objective:

1. To educate school children about proper tooth brushing techniques and promote good oral hygiene habits.
2. To demonstrate the correct brushing technique for effective cleaning of teeth.
3. To encourage children to brush their teeth twice daily.
4. To motivate children to maintain healthy oral hygiene practices.
5. To create awareness among children about the importance of oral hygiene.

Method: Type IV examination

Following examination was done using ice cream sticks

The following methods were used during the dental camp at the school:

1. **Health Education Session**

A short educational talk was given to students about the importance of oral hygiene and healthy teeth.

2. **Demonstration of Brushing Technique**

The proper brushing method, especially the **Fones Technique**, was demonstrated using a tooth model and toothbrush.

3. **Practical Demonstration by Children**

Students were encouraged to practice the brushing technique under supervision.

4. **Use of Visual Aids**

Charts and posters showing correct brushing steps were used to make the session more interactive.

5. **Question and Answer Session**

Students were allowed to ask questions about brushing and oral hygiene.

Observations:

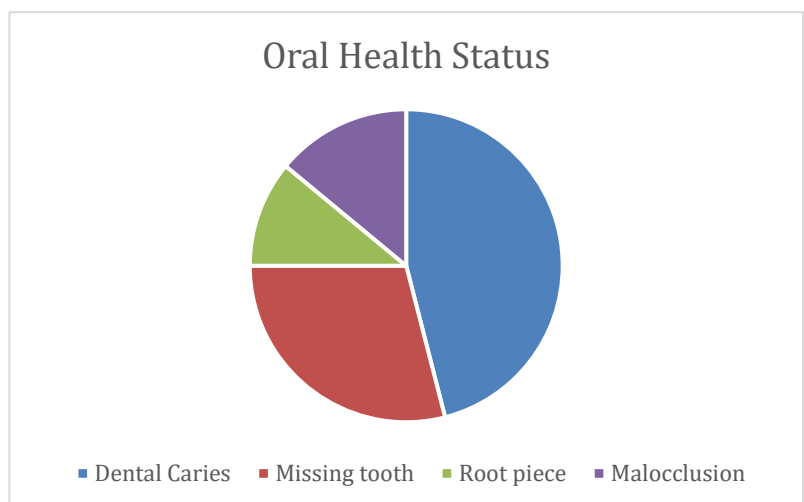
During the dental camp, the following observations were made:

1. It was observed that Dental caries was most commonly found followed by missing tooth
2. Some children brushed only once a day instead of twice daily.
3. A few children showed early signs of tooth decay related to **Dental Caries**.
4. Several students used improper brushing motions that may not effectively remove plaque.

A total of 251 patients were examined for various dental problems. Those requiring extensive treatment were referred to MGM Dental College and Hospital, Kamothe.

Oral Health Status

Condition	No. of individuals	Percentage %
Dental caries	101	46
Missing tooth	58	29
Root piece	24	11
Malocclusion	32	14



Interpretation and conclusion:

1. The observations indicate that many school children lack proper knowledge about correct tooth brushing techniques. Improper brushing habits and poor oral hygiene can increase the risk of dental diseases.
2. Educational demonstrations and practical training during school dental camps help children understand the correct brushing technique and encourage them to adopt better oral hygiene practices.
3. Teaching proper brushing techniques to children during school dental camps is an effective way to promote oral health. Demonstrating simple methods such as the **Fones Technique** helps children learn how to clean their teeth properly.



INVESTIGATION BEING DONE BY THE TEAM MEMBER

List of Attendees

Sr. No.	Name of Staff
1.	Dr. Mausami Malgaonkar
2.	Dr. Aishwariya Patil
Name of Interns and students	
3.	Inash Kharbe
4.	Sheetal Kharat
5.	Sakshi More
6.	Anushka Raval