



MAHATMA GANDHI MISSION'S DENTAL COLLEGE & HOSPITAL

Accredited by NAAC with "A++" Grade
Plot No. 1 & 2 Sector-01 (Old 18 & 19),
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GUIDANCE ON INFANT FEEDING PRACTICES AND ORAL HEALTH AT ANC CAMP MGM MEDICAL HOSPITAL, KAMOTHE

Date: 9th March 2026

Venue: MGM Medical Hospital, Kamothe, Navi Mumbai

Faculty: Dr. Sujata Hirave , Dr. Pankaj Londhe

Organizing Agency: Department of Public Health Dentistry; MGMDCH, NSS Unit of MGMDCH; Department of Preventive and Social Medicine, MGM Medical Hospital, Kamothe, Navi Mumbai

Number of students attended: 4

Antenatal Care (ANC) camps play an important role in educating expectant mothers about various aspects of maternal and child health. Oral health during pregnancy and early childhood is crucial, as feeding practices and oral hygiene habits established early can significantly influence the dental health of infants. Providing guidance to pregnant women regarding infant feeding practices and oral hygiene helps in preventing early childhood caries and promotes overall health of the child.

Aim and objective:

1. To educate expectant mothers about proper infant feeding practices.
2. To create awareness about the importance of oral health during pregnancy.
3. To provide guidance on maintaining oral hygiene for both mothers and infants.
4. To identify and record common oral health conditions among attending patients.
5. To encourage early preventive dental care and regular dental check-ups.

Method:

Patients were explained about the infant Feeding Practices and oral health. Raising awareness about Correct Infant Feeding Practice can be achieved through a combination of strategies such as:

- Education content.
- Retail display & signages.
- Collaborations with dentists in different localities.
- Sustainability certifications and labels.

- Workshops and events

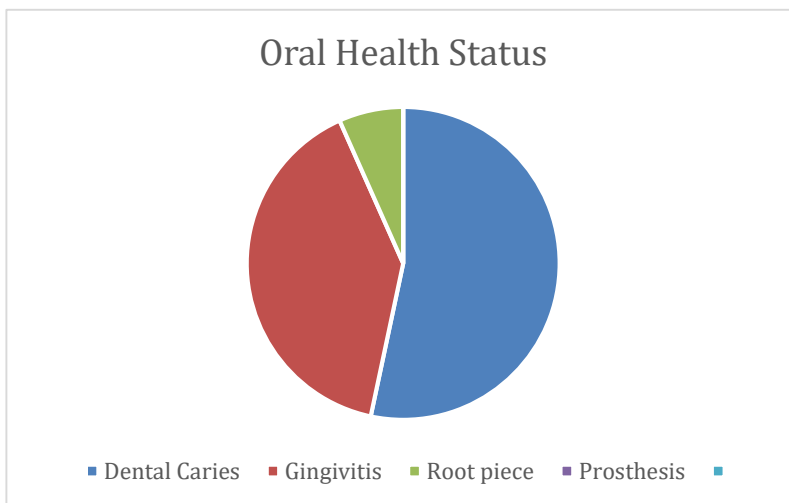
After the awareness program, oral examination was conducted using ice-cream sticks for the patient's. All the patients were assessed for oral health status and were explained the need to get the problems corrected. The patients were made aware of the existing dental problems and preventive measures were explained.

Observations:

1. Increasing awareness about the negative effects of incorrect Infant feeding Practice, combined with a growing concern for Oral Health.
2. A total of 15 patients were examined for various dental problems. Those requiring extensive treatment were referred to MGM Dental College and Hospital, Kamothe.

Oral Health Status

Condition	No. of individuals	Percentage %
Dental caries	8	53.34
Gingivitis	6	40
Root piece	1	6.67
Prosthesis	0	0



Interpretation and conclusion:

1. By combining these methods, we can create a multifaceted approach that informs and empowers people to adopt Correct Feeding practices. The goal is to show that Correct feeding practice is beneficial for the Good ORAL Health
2. Dental caries is the most common problem among the patients followed by gingivitis.
3. Oral health education and prevention strategies should be implemented in order to reduce the disease burden among these patients.



INVESTIGATION BEING DONE BY THE TEAM MEMBER

List of Attendees

Sr. No.	Name of Staff
1.	Dr. Sujata
2 .	Dr. Pankaj Londhe
Name of Interns and students	
1 .	Aditi Mishra
2 .	Prachi Salecha
3 .	Dhaval Patni
4 .	Priyanshu Palve