



Mahatma Gandhi Mission's Dental College and Hospital  
KAMOTHE, NAVI MUMBAI.

अपनी खबर

# Theme: World Cancer Day

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World Cancer Day is a global initiative that raises awareness about cancer and emphasizes the importance of prevention, early detection, and timely treatment. It inspires individuals and communities to adopt healthier lifestyles and support those affected, working collectively towards reducing the burden of cancer and building a healthier future.

# Dean's Desk : World Cancer Day

World Cancer Day reminds us of our shared responsibility in addressing one of the most pressing health challenges of our time. As healthcare professionals and educators, we play a crucial role in promoting awareness, encouraging early detection, and ensuring timely, effective care. Our institution remains committed to advancing clinical excellence while fostering empathy and patient-centered practices.

On this occasion, let us reaffirm our dedication to preventive healthcare, community awareness, and continuous learning. Together, through knowledge and compassion, we can contribute to reducing the burden of cancer and building a healthier future.



**DR. SRIVALLI NATARAJAN,  
DEAN MGMDCH,  
HOD- DEPARTMENT OF ORAL AND  
MAXILLOFACIAL SURGERY**

# Subeditor's Say: World Cancer Day

Awareness is the first step toward prevention, and action is the final step toward a cure."

As we flip through the pages of this month's edition, we pause to observe World Cancer Day. In the medical and dental fraternity, we often find ourselves on the front lines of early detection. For us, cancer isn't just a chapter in a textbook; it is a reality we encounter in our clinics, our communities, and sometimes, our own homes. This year's theme, "Close the Care Gap," reminds us that while the science of oncology has advanced by leaps and bounds, the access to that science remains unequal. As budding dental professionals at MGMDCH, we hold a unique responsibility. We are often the first to notice the subtle signs of oral malignancies—the persistent ulcer or the unexplained patch—that could make the difference between a life lost and a life saved.

In this issue, we highlight the vital role of preventive screenings and the power of patient education. Beyond the clinical procedures, our duty is to advocate for a lifestyle that minimizes risk and a healthcare system that leaves no one behind.



**DR. SARIKA SHETTY**  
**PROFESSOR, DEPARTMENT OF**  
**PERIODONTICS**

# Faculty's Say: World Cancer Day

## Our Responsibility as Future Leaders

Whether you are studying medicine, humanities, engineering, or the arts, cancer is a multidisciplinary challenge. The "care gap" is closed when:

1. Scientists innovate more affordable diagnostic tools.
2. Sociologists address the systemic barriers to healthcare access.
3. Communicators debunk the myths and misinformation that prevent people from seeking help.

### 4. A Message of Hope

while the statistics can feel daunting, we are living in an era of unprecedented progress. Survival rates are climbing, and personalized medicine is transforming what was once a "terminal" diagnosis into a manageable condition.

This World Cancer Day, I challenge each of you to do one thing: Start a conversation. Talk to your family about their medical history, encourage a friend to go for a check-up, or simply take a moment to support a local cancer foundation.

Together, we can ensure that the "care gap" isn't just a challenge we acknowledge, but a hurdle we overcome.



**DR. BHARAT GUPTA,  
PROFESSOR, DEPARTMENT OF  
PERIODONTICS**

# Professional Development Programme



The Infection Control Committee of MGM Dental College & Hospital organised a structured Professional Development Programme (PDP) specifically for the college's nursing staff. The programme aimed to enhance knowledge, skills, and competencies in infection prevention and control—aligned with modern healthcare standards and National Accreditation Board for Hospitals & Healthcare Providers (NABH) guidelines.

## Programme Overview

- Title: **PROTECT & PREVENT**
- Target Participants: Nursing Staff of MGM Dental College & Hospital
  - Conducted By:
    - o **Infection Control Committee**
    - o Resource Person: **Ms. Ankita H – Infection Control Nurse**
  - Mode: In-person interactive session

The session was divided into:

### NABH-Aligned Infection Control Framework

- Overview of NABH standards related to infection control
- Core principles of surveillance, reporting, and monitoring
  - Documentation requirements for audits
- **Standard Precautions & Hand Hygiene**
  - Importance of hand hygiene in reducing HAIs
  - WHO's Five Moments of Hand Hygiene
- Demonstration: Correct handwashing & sanitization technique
- **Environmental & Waste Management**
  - Safe handling of biomedical waste
- Cleaning & disinfection of surfaces and dental equipment
  - Spill management and isolation protocol

# Mindfulness program

Mahatma Gandhi Mission's Dental College and Hospital organized a Heartfulness Meditation Programme at the MGM Ground in collaboration with Aarambh MGMHIS - Science & Wellness Club.

The session aimed to introduce students and faculty to the concept of heart-centered meditation and its role in improving mental well-being, emotional balance, and concentration. The session began with a brief introduction to the Heartfulness meditation technique, explaining its principles and benefits.

The speakers discussed how meditation can help individuals:

- Reduce stress and anxiety
- Improve sleep quality
- Enhance concentration and clarity of thought
- Develop emotional balance and compassion
- Build resilience in everyday life
- 

Participants were guided through a short meditation session, along with zumba and yoga allowing them to experience relaxation and mindfulness firsthand.



# Blood Donation Drive



On the occasion of MAGNUM 2026, the Department of Oral Pathology and Microbiology in collaboration with the NSS Unit of Mahatma Gandhi Mission's Dental College and Hospital organized a Blood Donation Drive .

The event received an enthusiastic response from students, faculty members, and staff who voluntarily participated in the noble cause of blood donation. Prior to the donation process, donors were guided and screened by medical professionals to ensure their eligibility and safety. Necessary precautions and hygienic measures were maintained throughout the camp to ensure a safe and comfortable experience for all donors.

The drive aimed to highlight the importance of blood donation in medical emergencies and for patients suffering from serious illnesses who depend on donated blood for survival. Volunteers from the NSS unit actively assisted in organizing the camp, guiding donors, and ensuring the smooth flow of the event. The initiative not only contributed to the availability of blood for patients in need but also helped in spreading awareness about the life-saving impact of blood donation. The active participation and support from the college community made the event a meaningful and successful initiative.

# Tree plantation Drive

NSS Unit of Mahatma Gandhi Mission Dental College and Hospital organized a Tree Plantation Drive as part of MAGNUM 2026. The event was conducted at the entrance gate of MGM Medical College with enthusiastic participation from students, faculty members, and NSS volunteers.

The program began with a brief address highlighting the importance of trees in maintaining ecological balance and reducing environmental issues such as air pollution, global warming, and loss of biodiversity. Saplings were planted around the campus area with the aim of improving the green environment and creating a healthier space for everyone.

Students actively participated in planting and watering the saplings. The activity created a sense of unity and teamwork among the participants as everyone worked together for a meaningful cause. Planting trees not only contributes to environmental protection but also promotes a sense of emotional satisfaction and responsibility among students. Being involved in such activities helps students feel connected to nature, reduces stress, and encourages a positive and mindful outlook towards their surroundings.

The presence of greenery in educational institutions has been shown to enhance concentration, reduce anxiety, and create a calm atmosphere for students. Through this initiative, the NSS unit encouraged students to appreciate nature and understand the long-term importance of protecting the environment.





# Clean -up Drive

The Clean-Up Drive was conducted successfully with enthusiastic participation from NSS volunteers, students, and faculty members of Mahatma Gandhi Mission's Dental College & Hospital. Volunteers assembled at the designated location on the MGM campus and were guided by the NSS Program Officer regarding the objectives and execution of the activity.

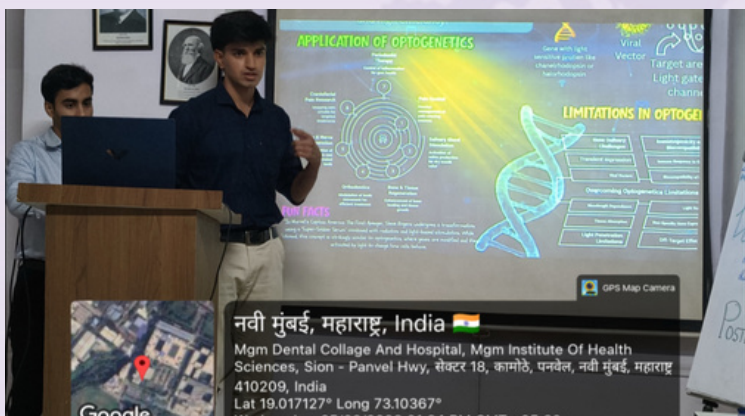
Participants were organized into small groups and assigned different areas of the campus for cleaning. Equipped with necessary cleaning materials such as gloves and waste collection bags, the volunteers actively engaged in removing litter, collecting waste, and ensuring proper disposal.

Throughout the activity, volunteers demonstrated a strong spirit of teamwork and dedication. The drive helped improve the cleanliness of the campus surroundings and created awareness among students regarding the importance of maintaining a clean and healthy environment.

The activity also reflected the NSS motto “Not Me But You,” highlighting the importance of selfless service and collective responsibility towards society.



# Oracle'26-Alumni TED Talk



As a part of college's annual fest, MaGnuM, the Scientific Committee organized scientific events of Paper presentation, Poster presentation, Table Clinics and Quiz competition for undergraduate and postgraduate students under the banner of ORACLE'26 . The scientific sessions started off by Ted Talk session by Alumni of MGMDCH, Dr. Shaili Mehta and Dr. Ratan Upadhyay. The scientific events were intercollegiate and external judges were invited to chair the events. The events were a great learning experience for all the participants.

# Hackathon 2026



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 410209, India  
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## Domains

1. Tissue Engineering
2. Prediction model for genetic disorders
3. Simulation in health education
4. Mental well-being of health care professionals
5. Assistive technology for the disabled

## Jury members:

- ❖ Dr Shibu John
- ❖ Dr Mansee Thakur
- ❖ Dr Bhanu Pratap
- ❖ Dr Sabita Ram

## Chief guest:

- ❖ Dr Sudhir Kadam

## Guest of honor:

- ❖ Dr Shubhangi Vaikole
- ❖ Mr Chaitanya Doshi



## Outcome:

- Hackathon 2026 showed interest in ideas and solutions.
- Scheduled follow-up for project specifics and collaborations.



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# Scribble Competition



The Literary Committee organized a Scribble Competition during the college fest Magnum to encourage creativity and spontaneous expression among students. The competition provided participants with an opportunity to transform random scribbles into meaningful and imaginative drawings within a limited time.

Students enthusiastically participated and showcased their creativity by interpreting the scribbles in unique and artistic ways. The participants were judged based on creativity, originality, presentation, and their ability to transform simple scribbles into creative illustrations.

Esteemed judges Dr. Usha ma'am and Dr. Suraj sir evaluated the entries with keen insight, appreciating the creativity, clarity, and impact of each participant. Their thoughtful feedback and words of encouragement added immense value to the competition, inspiring participants to continue expressing themselves with confidence and originality.

# Monologue Competition



The Literary Committee organized a Monologue Competition during the Magnum to provide students with a platform to showcase their acting and expressive abilities. The event encouraged participants to present solo performances portraying different characters, emotions, and situations through powerful dialogue delivery and stage presence. Students participated enthusiastically and performed a variety of monologues ranging from humorous and dramatic acts to thought-provoking narratives. The performances were evaluated by the judges based on expression, dialogue delivery, creativity, and overall impact.

Esteemed judges Dr. Mihir Sir and Dr. Padmakar sir evaluated the entries with keen insight, appreciating the creativity, clarity, and impact of each participant. Their thoughtful feedback and words of encouragement added immense value to the competition, inspiring participants to continue expressing themselves with confidence and originality.

# Treasure Hunt

The Treasure Hunt Competition was organized by the Cultural Committee of MGM Dental College and Hospital as part of Magnum Fest 2026 on 27th February 2026. The event witnessed enthusiastic participation from 1st, 2nd, 3rd and 4th year BDS students, Junior Interns, Senior Interns, Postgraduate students & Teaching Staff. The entire campus of MGM Dental College and Hospital served as the arena for the competition. Participants worked in teams to solve clues and puzzles placed at various locations across the campus, testing their teamwork, observation skills, and problem-solving abilities. The event was successfully conducted with the support of the Cultural Committee and volunteers, creating an atmosphere of excitement and healthy competition. Overall, the Treasure Hunt competition was an engaging and enjoyable activity and became one of the highlights of Magnum Fest 2026.



# Wall Art Competition



The Artville Art Club successfully organized a Wall Art Competition as part of the Annual College Fest Magnum 2026, centered around the theme “Chronicles of Dentistry.”

Participants were provided with chart papers by the organizing committee, on which they illustrated their creative interpretations of the theme. The activity encouraged students to express artistic perspectives related to dentistry while showcasing their creativity and originality.

The judging of the competition was conducted by honourable judges Dr. Shilpa Patel and Dr. Jyoti Nadgere. The artworks were evaluated based on creativity, relevance to the theme, artistic presentation, and overall impact. The competition witnessed enthusiastic participation and produced a variety of thoughtful and visually engaging artworks, reflecting the theme “Chronicles of Dentistry” while promoting creativity and artistic expression among students through the platform provided by the Artville Art Club.

# Photo Voice Contest



The Pixel Committee of MGMDCH, Navi Mumbai conducted a PHOTO VOICE CONTEST on occasion of MAGNUM 2026. The event aimed to introduce a new and creative concept of photography where participants expressed powerful stories and perspectives through their photographs.

Being a first-of-its-kind initiative by the Pixel Committee, the contest successfully encouraged students to look beyond just capturing images and instead convey emotions, messages, and perspectives through photography.

The event concluded with appreciation for all participants and the support of faculty members who helped make this new concept a successful and memorable experience.

The event was conducted under the guidance of the respected Dean ma'am and the Pixel Committee Incharge Dr. Pankaj Londhe. The contest was judged by esteemed faculty members Dr. Ravindranath V. K., Dr. Saumil Sampat, whose valuable insights and feedback made the event even more meaningful.



# Extension Activities

SR NO	DATE	CAMP SITE	No. of beneficiaries
1.	01-02-2026	Shreee Ballaleshwar Temple Centre Pali	15
2.	02-02-2026	ANC camp MGM Medical college & Hospital Kamothe	16
3.	02-02-2026	Vindenewadi & Kanthavaliwadi Uran Taluka	78
4.	04-02-2026	ANC camp MGM Medical college & Hospital Kamothe	19
5.	05-02-2026	Shri Narayan Baba Charitable Trust, Panvel	19
6.	06-02-2026	ANC camp MGM Medical college & Hospital Kamothe	19
7.	07-02-2026	Rizvi Law college, Bandra	126
8.	08-02-2026	Shreee Ballaleshwar Temple Centre Pali	10
9.	08-02-2026	Shri Narayan Baba Charitable Trust, Panvel	48
10.	09-02-2026	ANC camp MGM Medical college & Hospital Kamothe	13
11.	11-02-2026	ANC camp MGM Medical college & Hospital Kamothe	14
12.	13-02-2026	ANC camp MGM Medical college & Hospital Kamothe	28
13.	15-02-2026	Shreee Ballaleshwar Temple Centre Pali	7
14.	16-02-2026	ANC camp MGM Medical college & Hospital Kamothe	19
15.	17-02-2026	SVN School Koperkhairne	236
16.	18-02-2026	ANC camp MGM Medical college & Hospital Kamothe	14
17.	20-02-2026	ANC camp MGM Medical college & Hospital Kamothe	32
18.	21-02-2026	Ashram Shala Wavloli, Pali	225
19.	22-02-2026	Shreee Ballaleshwar Temple Centre Pali	21
20.	23-02-2026	ANC camp MGM Medical college & Hospital Kamothe	13
21.	23-02-2026	Mankhurd Camp	103
22.	23-02-2026	TBR camp Deepak Wadi Khar est	28
23.	23-02-2026	TBR camp Pattar Nagar Bandra East	24
24.	24-02-2026	TBR Raighad ZP School Taloja	94
25.	25-02-2026	ANC camp MGM Medical college & Hospital Kamothe	19
26.	25-02-2026	TBR camp Uran Zp School	167
27.	26-02-2026	TBR camp ZP school Hedutane, Taloja	19
28.	27-02-2026	ANC camp MGM Medical college & Hospital Kamothe	45
29.	27-02-2026	Reliance Corporate Park, Ghansoli	120
		Total	1591

# Awards and Achievements



Niral Ostwal Won 2nd place in Basketball tournament at JJ college and hospital



Winner in mixed doubles and runner up in women's singles in badminton at Blaze'26 intercollegiate tournament organised by NMIMS ASMSOC

# Quotes of the Month

“Two things are infinite: the universe and human stupidity; and I'm not sure about the universe.”

— Albert Einstein

You cannot escape the responsibility of tomorrow by evading it today.

—Abraham Lincoln

No cricket team in the world depends on one or two players. The team always plays to win.

— Virat Kohli