

AMIDCH/NS/16/25



MAHATMA GANDHI MISSION'S DENTAL COLLEGE & HOSPITAL
Accredited by NAAC with "A++" Grade
 Junction of NH-4 & Sion Panvel Expressway Sector -1, Kamothe,
 Navi Mumbai -410 209
NATIONAL SERVICE SCHEME UNIT, MGMDCH 2025-26
NOT ME BUT YOU
 Tel: 022- 27436604



Date: 24/09/2025

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NSS Circular No. 16/2025

The NSS Unit of MGM Dental College & Hospital is glad to inform you that an Online Awareness Session is being organized by Vegan Outreach, in collaboration with the Central Ministry of Youth Affairs & Sports, under the banner of Maharashtra University of Health Sciences (MUHS).

This session will focus on creating awareness about the important interlink between Food – Planet – Health and its impact on sustainable living.

Program Details:
Topic / Activity: Food – Planet – Health Awareness Session
Date: 25th September 2025
Time: 12:30 PM
Duration: 1 hour (45 mins + 15 mins Q&A)
Platform: Zoom Webinar
Venue – Dr.A.P.J.Abdul Kalam Auditorium

Participation: Students of NSS Unit, MGM Dental College & Hospital

All NSS volunteers are hereby informed to attend this program and gain valuable insights.

DR. PANKAJ LONDHE
 NSS PROGRAM OFFICER
 NSS UNIT
 MGM DENTAL COLLEGE & HOSPITAL
DR. PANKAJ LONDHE
 NSS Program Officer,
 NSS Unit, MGMDCH

S. Srivally
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FOOD-PLANET-HEALTH Awareness Session

Date of Event: 25th September, 2025

Platform: Zoom webinar

Time: 12:30pm

Duration: 1 hour(45 mins + 15 mins Q&A)

Organisation: NSS Unit, MGM DCH

REPORT

An online awareness session on Food–Planet–Health was conducted on 25th September 2025 at 12:30 PM via Zoom, organized by MUHS NSS in collaboration with Vegan Outreach and the Ministry of Youth Affairs & Sports.

The main objective of the webinar was to create awareness among students about how food choices affect animals, the planet, and human health. The event aimed to encourage sustainable and compassionate eating habits.

Students from Mahatma Gandhi Mission's Dental College and Hospital actively participated. The session was informative and encouraged students to adopt sustainable and ethical eating habits.

The online session began at 12:30 PM with an introduction by the organizers, followed by an informative presentation by representatives of Vegan Outreach.

They discussed the impact of animal agriculture on climate change, deforestation, and pollution, along with the health benefits of plant-based diets.

The session highlighted the importance of conscious food choices in protecting animals and the environment.

The webinar concluded with an interactive Q&A segment, allowing students to share their thoughts and clear their doubts. Attendance was monitored throughout the session, and participants who attended fully and submitted feedback received certificates.

The Food–Planet–Health Awareness Webinar was an informative and impactful event that successfully promoted awareness about the relationship between diet, health, and environmental sustainability. The initiative by MUHS NSS and Vegan Outreach effectively encouraged students to contribute positively towards a compassionate and greener future.

LIST OF PARTICIPANTS

Faculty	
Sr. No.	Name
1.	Dr. Pankaj Londhe
2.	Dr. Vaibhav Thakkar
3.	Dr. Agraja Patil
4.	Dr. Aishwarya Patil
5.	Dr. Ragini Sanaye
6.	Dr. Neeraj Kolge
Student volunteers	
1.	Vaibhavi Rajadhyaksha
2.	Rituja Neroorkar
3.	Veda Desai
4.	Vedant Patil
5.	Keval Salot
6.	Maheen Tamboli
7.	Areeba Khan

8.	Shrutika Ojhal
9.	Faizan Khan
10.	Ummehani Kanchanwala
11.	Suheb Patel
12.	Arihant Jain
13.	Tanvi Nakkha
14.	Shreya Mate
15.	Krishna Maniya
16.	Swayam Aundhkar
17.	Janhavi Rajguru
18.	Saumya Savla
19.	Pranali Bagal
20.	Keval Salot
21.	Gauri Bhavsar
22.	Arnav Netam
23.	Aditi Sangle
24.	Netra Yadav
25.	Utkarsha Suryawanshi
26.	Swati Sonwane
27.	Ananya Karnik
28.	Divya Shah
29.	Soham Yoga
30.	Yash Jagtap
31.	Ritik Waghade
32.	Prathama Maske
33.	Shravani Raut
34.	Priyal Devere