



Mahatma Gandhi Mission's Dental College and Hospital
KAMOTHE, NAVI MUMBAI.

अपनी खबर

International Women's Day

International Women's Day is not just a celebration, it is a powerful reminder of resilience, courage, and transformation. From breaking barriers in science and healthcare to leading change in communities, women continue to redefine possibilities every day.

In dentistry and healthcare, women are not only caregivers but innovators, leaders, and changemakers shaping the future of oral health. Their compassion heals, their knowledge empowers, and their determination inspires generations.

This edition celebrates every woman who dares to dream, strives to achieve, and uplifts others along the way.

Because when women rise, the world rises with them.



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A legacy that will live on...



Dr. Sameer Kadam Sir will always be remembered not only as an eminent Cardio Thoracic Surgeon and the Pro Vice Chancellor, but also as a compassionate human being whose presence inspired everyone around him. His untimely demise has left a deep void in the hearts of all who had the privilege of knowing him.

Known for his dedication, humility, and unwavering commitment towards patient care, Sir touched countless lives through his service and kindness. Beyond his professional excellence, he was admired for his warm personality, gentle guidance, and encouraging words that motivated students, colleagues, and staff alike. His ability to lead with compassion and humanity made him truly exceptional.

At MGM Dental College and Hospital, his legacy will continue to live on through the values he embodied — sincerity, empathy, hard work, and selfless service. He was a constant source of inspiration, reminding us all that greatness lies not only in achievements, but also in the way one uplifts and cares for others. His memories, teachings, and inspiring presence will forever remain with the MGM family. In this moment of profound grief, we extend our heartfelt condolences to the bereaved family. May the Almighty grant them strength and courage to bear this irreparable loss.

Dean's desk : International women's day

Dear readers,

On the occasion of International Women's Day, I extend my heartfelt appreciation to all the women who contribute immensely to our institution and the field of healthcare.

Women today are excelling in every sphere—academics, clinical practice, research, and leadership. Their dedication, empathy, and perseverance are the pillars of a progressive and compassionate healthcare system.

As an institution, we remain committed to fostering an environment that promotes equality, encourages ambition, and nurtures leadership among our students and faculty. Let us continue to support and empower women to achieve their fullest potential.

I congratulate the editorial team for bringing out this meaningful edition and wish all readers an inspiring experience.



**DR. SRIVALLI NATARAJAN,
DEAN MGMDCH,
HOD- DEPARTMENT OF ORAL AND
MAXILLOFACIAL SURGERY**

Subeditor's say: International women's day

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**DR. SARIKA SHETTY
PROFESSOR, DEPARTMENT OF
PERIODONTICS**

Faculty's Say: International women's day

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**DR. BHARAT GUPTA, PROFESSOR,
DEPARTMENT OF PERIODONTICS**

'All is well' – old age home visit



Literary committee of MGMDCH, along with EKAM, visited the 'ALL IS WELL' old-age home in Ulwe. They spent time with the grandparents, played games with them, and felt an overwhelming sense of happiness.



Nss residential camp 2026

The three-day NSS camp conducted at Shantivan was a well-organized and enriching experience that effectively combined community service, health awareness, and interactive learning. The camp aimed to instill a sense of social responsibility, teamwork, and discipline among the volunteers while enabling meaningful engagement with the community.

Day 1 commenced with a visit to the local village school, where a dental health program was organized. The primary objective was to promote oral hygiene awareness among school children. A dental check-up was conducted, followed by the application of fluoride varnish to strengthen enamel and prevent dental caries. NSS volunteers assisted in organizing the students and ensuring the smooth execution of the program. The day also included a Zumba session, which added a refreshing and energetic element to the schedule, promoting physical fitness and team bonding among the participants.



Nss residential camp 2026

Day 2 focused on community service and outreach activities. The volunteers were divided into groups to ensure effective participation. One group engaged in shramadaan, wherein they collected and arranged firewood and sticks to support the cooking needs of local residents who lacked access to cooking gas. Meanwhile, another group visited the nearby village to conduct basic oral health assessments among the residents, identifying common dental issues and spreading awareness about oral hygiene practices. These initiatives reflected the spirit of service, empathy, and collective responsibility among the volunteers. Following this, an engaging session on life skills and personal growth was conducted, encouraging reflection and motivation among the participants. In the evening, an informative talk was delivered about Shantivan and its significance, providing deeper insight into the place and its mission. The night environment, with airplanes passing overhead, created a unique and memorable experience.



Nss residential camp 2026

The quality and variety of food provided throughout the camp were also commendable, contributing to the overall positive experience.

Day 3 involved a visit to an old age home, where volunteers interacted with the elderly residents. In addition to spending time with them, the volunteers organized a small cultural interaction by singing and dancing, which brought joy and created a warm, cheerful atmosphere. This experience fostered empathy, compassion, and a sense of social connection, highlighting the importance of care and companionship for senior citizens. The camp activities concluded by the afternoon, and by 2 PM, the volunteers departed from Shantivan, marking the end of a fulfilling and memorable experience.

In conclusion, the NSS camp at Shantivan was a holistic initiative that successfully integrated service, learning, and recreation. It left a lasting impact on the volunteers by strengthening their sense of empathy, leadership, and commitment towards community welfare.



Mastering pg entrances – Mindset that matters

A lecture titled “Mastering PG Entrances – A Mindset That Matters” was successfully organized by CCEDES Institute for 3rd year BDS students, final year BDS students, and interns. The session focused on guiding aspiring postgraduate candidates on the importance of developing the right mindset, strategy, and discipline required to excel in competitive entrance examinations such as NEET MDS.

The lecture was delivered by Dr. Raison Thomas, who shared valuable insights on effective preparation techniques, time management, goal setting, and maintaining consistency throughout the preparation journey. The speaker also emphasized the significance of confidence, perseverance, and mental resilience in achieving success in postgraduate entrance examinations.

The interactive and motivating session encouraged students to approach their preparation with clarity and determination, while equipping them with practical strategies to navigate the challenges of competitive exams successfully.



Roadmap to neet-mds : Demystifying the admission proccess



The Career Guidance Cell, in association with the MGMDCH Alumni Association, successfully organized a career guidance lecture titled “Road Map to NEET MDS – Demystifying the Admission Process” for interns. The session aimed to provide clarity and guidance regarding NEET MDS preparation, counseling procedures, and the overall admission process for postgraduate dental courses.

The lecture was delivered by Dr. Padmakar Baviskar and Dr. Pankaj Londhe, who shared their valuable insights, experiences, and practical strategies for approaching the examination and planning a successful career pathway. The speakers addressed common doubts related to preparation methods, college selection, counseling procedures, and career opportunities after BDS, making the session highly informative and beneficial for the interns.

The interactive lecture motivated students to approach their postgraduate aspirations with greater confidence and clarity, while also helping them better understand the roadmap towards achieving their academic and professional goals.

Lecture on sports dentistry

The Department of Orthodontics successfully organized a Professional Development Program on “Sports Dentistry.” The session aimed to enhance awareness about the role of dentistry in sports, including the prevention and management of sports-related dental injuries and the importance of oral health in athletic performance.

The program was conducted by Dr. Atul Surve, who shared valuable insights into the growing field of sports dentistry, various protective measures such as mouthguards, emergency management of dental trauma, and the dentist’s role in safeguarding athletes’ oral health.

The informative session provided participants with a broader understanding of this specialized field and highlighted the importance of interdisciplinary knowledge in modern dental practice.



Camp Dream Speak Live

This is an initiative was in Collaboration with Blank Centre at University of Texas, Austin, Leo club of panvel and Bharat vikas parishad, Panvel

A grant of 4072 USD for the same by University of Texas.

This camp was for kids who stutter based on CARE model. C-communication, A-advocacy, R-resiliency, E- education. Students from MGM were volunteer for this 5 day camp , now all of them certified in speech pathology and have recieved letters of recommendation from University of Texas.



Heartificial intelligence – integrating heart, mind and professional excellence

The Media Lab, in association with the IQAC and Heartfulness, successfully organized a three-day faculty well-being program titled “Heartificial Intelligence – Integrating Heart, Mind, and Professional Excellence.” The program was designed to introduce faculty members to simple yet effective techniques for relaxation, mindfulness, and achieving inner balance in their personal and professional lives.

The sessions focused on guided relaxation practices and mindfulness techniques aimed at enhancing calmness, clarity, emotional well-being, and overall professional efficiency. Participants were encouraged to develop a balanced approach towards work and daily life by integrating emotional intelligence with professional excellence.

The program provided a refreshing and insightful experience for the attendees, promoting mental wellness, stress management, and a healthier work-life balance while fostering a positive and focused professional environment.



Value added course on Basic implantology

Module-1

A Course on Basic Implantology was successfully conducted for 1st and 2nd year MDS students, interns, and fellows by Dr. Harshal Suryavanshi in association with Osstem India. The program aimed to introduce participants to the fundamentals of implant dentistry and provide a deeper understanding of contemporary implant procedures and concepts.

Module 1 of the course focused on the types of implants, fundamental concepts of implantology, and an introductory overview of the field. Participants were also introduced to basic and advanced surgical techniques along with non-surgical approaches used in implant dentistry. The informative and interactive session offered valuable academic exposure and practical insights, helping attendees strengthen their knowledge and interest in the rapidly advancing field of implantology.



Masterchef competiton



The MasterChef Competition was organized by the Cultural Committee of MGM Dental College and Hospital as part of Magnum Fest 2026 .

The event was held at the Preclinical Prosthodontics Lab of MGM Dental College and Hospital and witnessed enthusiastic participation from 1st, 2nd, 3rd, and 4th year BDS students, Junior Interns, Senior Interns, Postgraduate students, and Teaching Staff.

Participants competed in teams and were challenged to prepare creative dishes using a mystery ingredient provided to them during the competition.

The teams were required to incorporate the ingredient into their dishes in innovative ways to enhance the taste, presentation, and overall appeal. The event highlighted the culinary creativity, teamwork, and time management skills of the participants. Judges evaluated the dishes based on taste, presentation, innovation, and effective use of the mystery ingredient. The competition was successfully conducted with the support of the Cultural Committee and volunteers. Overall, the MasterChef Competition was an exciting and engaging event, adding a flavorful and creative element to Magnum Fest 2026.

Sur-kshetra : The singing competition

On the occasion of MAGNUM 26, Musical strings organized a singing competition -

'SUR- KSHETRA' on 2nd March 2026 from 11 am to 1:30 pm in Dr. A. P. J. Abdul Kalam Auditorium.

The competition included 2 categories:

1. Solo singing
2. Duet singing

All the participants showcased melodious performances



Swarsanjh



On the occasion of MAGNUM 2026 ,Musical strings organized a band jam, "Swarsanjh", in Dr.A.P.J.Abdul Kalam auditorium .

3 bands - The Spandans ,the Satrangs and the Nirvanas performed very energetically .On the lead ,we had Disha Somani .

In the spandans we had Twisha Makwana and Ishita Agrawal on guitar .

For vocals, we had Radhika Kulkarni ,Aditi Bagwe ,Vidhi Nagda.For special appearance we had Saurabh Mourya.

In the Satrangs, we had Kalyani Sonawane on guitar .For vocals, we had Viha Mehta ,Sreshtha Ray,Jidnyasa Bagrao.

In the Nirvanas we had Soham Yoga on clapbox and guitar . For vocals, we had Gauri Bhavsar and Disha Somani.

It was an evening filled with electrifying music and jaw dropping performances.

Izhaar



The Literary Committee organized Izhaar, a Poetry Competition, during the college fest Magnum to provide students with a platform to express their thoughts and emotions through poetry. The event encouraged participants to present original or selected poems reflecting creativity, imagination, and depth of expression.

Participants performed their poems with confidence and passion. The performances were evaluated by the judges based on creativity, expression, content, and overall presentation.

Esteemed judges Dr. Khandelwal Sir and Dr. Usha ma'am evaluated the entries with keen insight, appreciating the creativity, clarity, and impact of each participant. Their thoughtful feedback and words of encouragement added immense value to the competition, inspiring participants to continue expressing themselves with confidence and originality.

Antakshari



The Antakshari Competition was organized by the Cultural Committee of MGM Dental College and Hospital as part of Magnum Fest 2026 . The event was held at the A.P.J. Abdul Kalam Auditorium of MGM Dental College and Hospital. The competition witnessed enthusiastic participation from 1st, 2nd, 3rd, and 4th year BDS students, Junior Interns, Senior Interns, Postgraduate students, Teaching staff, and Non-Teaching Staff. Participants competed in teams and showcased their knowledge and love for music through the classic game of Antakshari.

The competition consisted of five rounds designed to gradually eliminate teams, making the contest more exciting and competitive. Each round challenged the participants' musical memory, quick thinking, and teamwork as they sang songs based on the given letters.

After intense and entertaining rounds, the competition concluded with the selection of three winning teams. The event created a lively and joyful atmosphere in the auditorium, with participants and audience members actively engaging in the musical spirit of the game.

Overall, the Antakshari competition was successfully conducted with the support of the Cultural Committee and volunteers, adding a fun and musical highlight to Magnum Fest 2026.

Face painting competition



The Artville Art Club organized a Face Painting Competition as part of the Annual College Fest Magnum 2026 on 04 March 2026. The event was conducted from 10:00 AM to 11:30 AM with the theme “Digital Distortion.”

Participants creatively interpreted the theme by designing innovative face art inspired by digital elements, glitches, and futuristic concepts. The competition witnessed enthusiastic participation, with students showcasing their creativity through vibrant colors and unique designs.

The entries were evaluated based on creativity, relevance to the theme, detailing, and overall presentation, making the event an engaging and visually appealing addition to the celebrations of Magnum 2026.

Department Day



The Department Day event was organized by the Cultural Committee of MGM Dental College and Hospital as part of Magnum Fest 2026 at the A.P.J. Abdul Kalam Auditorium of MGM Dental College and Hospital.

The event witnessed enthusiastic participation from 1st, 2nd, 3rd, and 4th year BDS students, Junior Interns, Senior Interns, Postgraduate students, Teaching Staff, and Non-Teaching Staff.

The highlight of the event was a Group Dance Performance Competition among all nine dental departments of the institution.

For the competition, each department was assigned a male actor and a female actress, and the teams were required to perform dance routines using songs featuring those actors and actresses.

This unique theme encouraged creativity in song selection, choreography, and overall performance.

Each department presented energetic and well-coordinated performances, showcasing teamwork, creativity, and stage presence. The audience enthusiastically supported their respective departments, creating a lively and vibrant atmosphere in the auditorium.

The performances were judged based on choreography, synchronization, creativity, and overall presentation. The event was successfully conducted with the support of the Cultural Committee and volunteers, making Department Day one of the most entertaining and memorable highlights of Magnum Fest 2026.

Dance Competition



The Dance Competition organized under Magnum 2026 – Metaverse was successfully held at the Auditorium of MGM Dental College and Hospital . The event witnessed enthusiastic participation from talented students who showcased their passion and creativity through dance. A total of 13 solo performances and 14 duet performances were presented, each reflecting unique styles, expressions, and impressive choreography.

The auditorium was filled with energy as participants captivated the audience with vibrant music, graceful movements, and confident stage presence. The event was efficiently managed by the organizing committee, ensuring smooth coordination, proper scheduling, and an enjoyable experience for both performers and spectators.

One of the highlights of the competition was the diversity of dance forms performed, ranging from classical to contemporary and freestyle, making the event lively and entertaining. Overall, the dance competition was a grand success, leaving the audience mesmerized and celebrating the spirit of talent, teamwork, and cultural expression

Photo voice contest



The Pixel Committee of MGMDCH, Navi Mumbai conducted a PHOTO VOICE CONTEST on occasion of MAGNUM 2026. The event aimed to introduce a new and creative concept of photography where participants expressed powerful stories and perspectives through their photographs.

Being a first-of-its-kind initiative by the Pixel Committee, the contest successfully encouraged students to look beyond just capturing images and instead convey emotions, messages, and perspectives through photography.

The event concluded with appreciation for all participants and the support of faculty members who helped make this new concept a successful and memorable experience.

The event was conducted under the guidance of the respected Dean ma'am and the Pixel Committee Incharge Dr. Pankaj Londhe. The contest was judged by esteemed faculty members Dr. Ravindranath V. K., Dr. Saumil Sampat, whose valuable insights and feedback made the event even more meaningful.

Henna art competition

The Artville Art Club organized a Henna Art Competition as part of the Annual College Fest Magnum 2026. The event was conducted with the theme “Traditions in Trends.” The competition encouraged participants to showcase their creativity by blending traditional henna designs with modern artistic elements. Participants created intricate and innovative patterns, beautifully reflecting the fusion of cultural heritage and contemporary styles.

The event witnessed enthusiastic participation, with students presenting detailed and elegant designs. The entries were evaluated based on creativity, detailing, relevance to the theme, and overall presentation, making the competition a vibrant and engaging part of the Magnum 2026 celebrations.



Art contest – Dimensions of art

The Artville Art Club successfully organized an Art Contest as part of the Annual College Fest Magnum 2026. The event was conducted with the theme “Dimensions of Art.” The contest aimed to provide students with a platform to explore and express different perspectives of art through their creativity and imagination. Participants created artworks reflecting the theme, showcasing a variety of artistic styles, ideas, and interpretations. The event witnessed enthusiastic participation from students across different departments. The artworks were evaluated based on creativity, originality, relevance to the theme, and overall presentation. The contest successfully highlighted the artistic talents of the participants and added vibrant creative energy to the celebrations of Magnum 2026, aligning with the vision of the Artville Art Club to encourage artistic expression and innovation among student



Funfair



The Fun Fair was organized by the Cultural Committee of MGM Dental College and Hospital as part of Magnum Fest 2026. The event was held at the Oral Pathology Lab and the Preclinical Orthodontics Lab of MGM Dental College and Hospital.

The event saw enthusiastic participation from 1st, 2nd, 3rd, and 4th year BDS students, Junior Interns, Senior Interns, Postgraduate students, and Teaching Staff.

Each participating team was allotted a stall where they were required to decorate their space creatively, prepare dishes, and present them attractively for sale.

Participants showcased a variety of food items and displayed great creativity in stall decoration, presentation, and marketing. The lively atmosphere encouraged interaction among students and staff, making the event enjoyable for everyone present.

The Fun Fair was successfully conducted with the support of the Cultural Committee and volunteers. Overall, the event was a vibrant and engaging activity that brought together members of the institution and added a festive spirit to Magnum Fest 2026.

Dedications event



The Dedications event was organized by the Cultural Committee of MGM Dental College and Hospital as part of Magnum Fest 2026 at the A.P.J. Abdul Kalam Auditorium of MGM Dental College and Hospital.

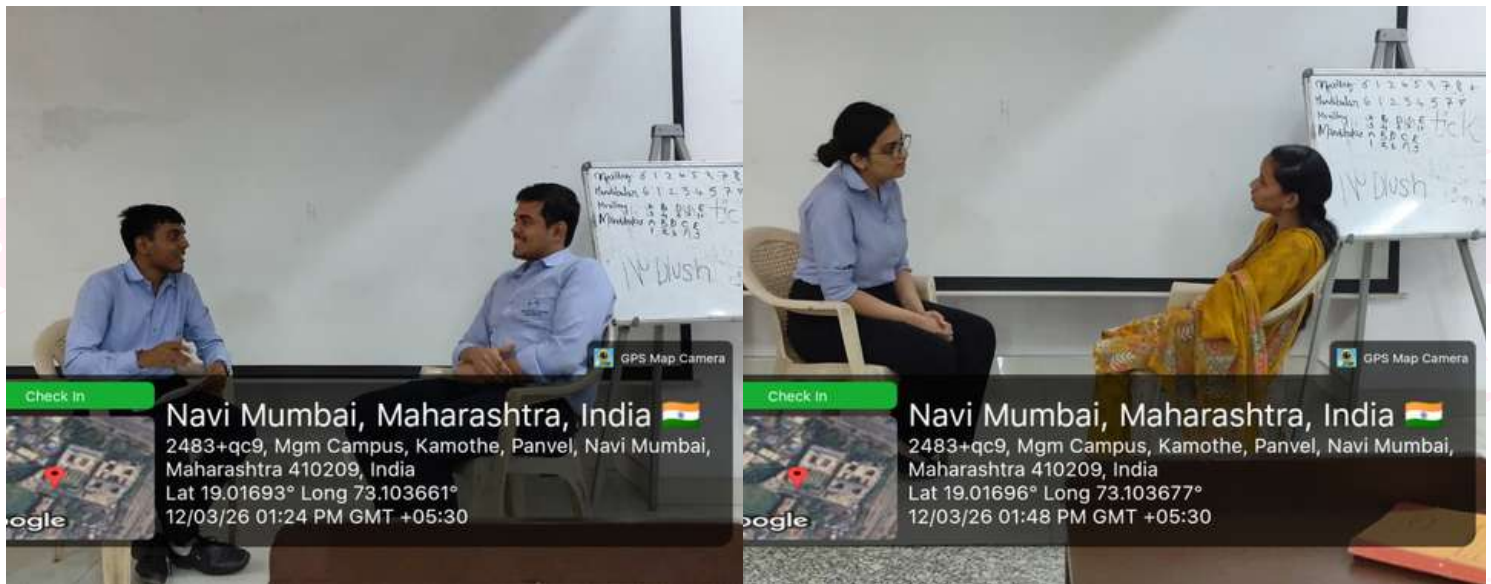
The event saw enthusiastic participation from 1st, 2nd, 3rd, and 4th year BDS students, Junior Interns, Senior Interns, and Postgraduate students. The event provided a platform for students to express their appreciation and friendship by dedicating roses, bouquets, songs, chocolates, and other tokens to their friends and peers.

Participants sent in their dedications, which were announced during the event,

creating a lively and cheerful atmosphere in the auditorium. The heartfelt messages and musical dedications added a special emotional touch to the celebrations.

The event was successfully conducted with the support of the Cultural Committee and volunteers.

Life first – tobacco cessation program



The “Life First Tobacco Cessation Program” was successfully conducted for 3rd year students with the objective of creating awareness and enhancing knowledge regarding tobacco cessation counseling and management. The program aimed to equip students with the necessary understanding and skills required to address tobacco-related health concerns effectively in clinical practice.

The session comprised a structured series of activities, including a pre-test, various educational modules, role plays and skits, case discussions, pharmacology-related aspects of tobacco cessation, recap sessions, documentation training, a post-test, and program closure. Through interactive learning methods and practical discussions, participants gained valuable insights into counseling techniques, treatment approaches, and the importance of patient education in tobacco cessation initiatives.

The program proved to be highly informative and engaging, encouraging students to actively contribute towards promoting a tobacco-free and healthier society.

Awards and Achievements



Siddhi Solanki -winner position in mixed doubles and runner up in women's singles in "Excelsior'26" intercollegiate tournament organised by Seth GSMC and KEM Hospital on 4th-6th March 2026 in Seth GSMC and KEM Hospital Court in Parel

3rd place - Dance competition
: Shreeprasad Mahajan and Ananya Durvas.

1)Aarya Phansalkar-
1st place in solo dance competition(magnum)
1st place in monoact competition. (magnum)

2) Nishant Jain
1st place- Men's doubles badminton (magnum)
1st place- Mixed doubles badminton (magnum)
2nd place- Men's singles badminton (magnum)

3) Sreshta Ray
2nd place in solo dance competition

4) Prateek Dixit
1st place - Men's doubles badminton (magnum)
1st place - MasterChef (magnum)
1st place - Poster presentation (magnum)

5) Sayee Tambole
1st place - Poster presentation (Magnum)

6) Sanika Patange
2nd place in chess

7) Nandini Yadav , Shreya Gaikwad, Prateek Dixit , Sakshi Shinde
1st place in masterchef competition

8) Niral Rakesh Ostwal
Basketball intercollege 1st runner up at Agneya JJ College and hospital
1st hackathon (domain mental wellbeing app prototype)
1st scientific quiz competition
2nd reel competition (opath department)

9) Kalyani Sonawane
1st place - Poster presentation (Magnum)

10) Tanushree Arvind Wadikar
1st place - mixed doubles badminton (magnum)
2nd place - women's doubles badminton (magnum)
11) Tanishka Sole
2nd place - women's doubles badminton (magnum)

12)Sahil Vhatkar
Prajwal Gandal
Ganesh Bedge
Bhavya Nair
Tanvi Borgave
2nd prize wall art competition
ARTVILLE(MAGNUM)

13) Gayatri Pawar
Esha Kadam
Kirti Gupta
Manasi Patil
1st prize in funfair competition

14) Jidnyasa S. Bagrao
2nd prize in solo singing competition

15) Bhavya Nair
2nd place in duet dance competition (Magnum)
2nd place in wall Art competition (Magnum)

16) Padmali Kulkarni
Lipika Singh
Jidnyasa Bagrao
Shravani Kangane
MGM hackathon 1st place in domain (assistive technology for the disabled) (Magnum)

Quotes of the month

**“There is no limit to what we, as women, can accomplish.”
— Michelle Obama**

**“Well-behaved women seldom make history.” — Laurel
Thatcher Ulrich**

**“I raise up my voice—not so I can shout, but so that those
without a voice can be heard.” — Malala Yousafzai**