

**MAHATMA GANDHI MISSION'S Dental college
& hospital, Navi Mumbai
Department of Prosthodontics**

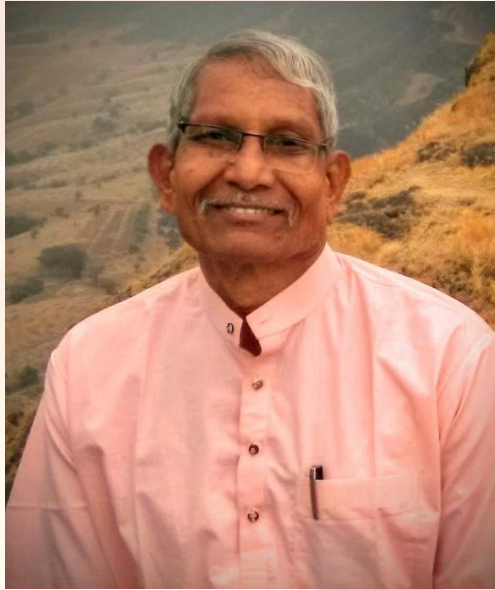


**'CELEBRATES INTERNATIONAL YOGA DAY
21ST JUNE 2021'**

Speaker - Dr Ramkrushna Thawkar

Date: 21st June, 2021

Time: 9.40am -10.45am



Dr. Ramkrushna Thawkar is a Naturopath, Yogacharya, Acharya, Reiki practitioner and Pranik healer. He has done M. Com, Dip. Naturopathy, B.S.S. (Advance diploma yoga and Naturopathy, CCB Diabetic, 3G Accu. Science. He is the author of fourteen books. He is the Director of Dadasaheb Tichkule Yog vargh and Shriram Swastha and Yog. He is also associated with Shri Ambika Yog Kutir, Thane; Swami Vivekananda, Kanyakumari; Chinmaya Mission; Kaivalyadham, Lonavala; Oshodhara, Murthal, Hariyana; Shri Ramdev Baba yog trust, Haridwar.

PROGRAMME DETAILS

Date	Time	Course Topic
21-06-2021	9.40-9.45am	Invitation and Introduction of the speaker Dr. Ramkrushna Thawkar
	9.45-10.30am	Lecture and Live Yoga Session
	10.30-10.45am	Vote of Thanks and announcement of winners of best Asana and Slogan Competition

COMPETITIONS FOR INTERNS

1. Slogan Competition

If you have a perfect slogan emphasizing the benefits of Yoga, which is short yet to the point, do send it to us . The best one will win.



2. Best Asana

If you think you are great at Yoga, do click a Picture of yourself performing any Asana of your choice and send in your Picture to us. The guest speaker will select the best one and we will announce the winner on 21st June

Send in your entries through whatsapp to:

1. **Dr Amit Gaikwad- 9960813046**

2. **Dr. Ragini Sanaye- 9930803980**





MGM Dental College & Hospital

Address: Plot No -01, Sector – 01,

Kamothe, Navi Mumbai

Pin code: 410209

Contact: 022 27436604

Email: mgmdcbh@mgmmumbai.ac.in

Web: www.mgmmumbai.ac.in/dentalcollege

Venue:

**MGMDCH - Kamothe,
Navi Mumbai**

Date: 21st June, 2021

Time: 9.30am-11am

**Contact: Workshop
Coordinators:**

**Dr. Ragini Sanaye:
9930803980**

**Dr. Amit Gaikwad:
9960813046**